

## Get Inspired

The seeds of each new idea for a project or initiative are usually rooted in a source of inspiration. Take a minute to think about who and what inspires you. Do you have a mentor? Do you have a hero? Is there someone in your life who you really respect or someone that represents something important to you?

Write down the names of a few people who have inspired you and why. It could be someone that you know like a friend, teacher or family member, or perhaps a community leader, author, artist or activist?

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### Meet inspiring people



"As a member of TakingITGlobal, I experience the magnificent diversity of ways of thinking in the world. I believe that my experience in TakingITGlobal has impacted my personality and perception of others in a very positive way. Being part of this community has broadened my mind by participating in the discussion boards, improving my conflict resolution approaches. Through the Global Gallery,

I share my artwork reflecting my cultural background with artists from around the world. Most important, the volunteer work I am engaged in inside my local community is provided with a new global dimension."

- Ayman, Egypt

Check out Featured Member stories on TakingITGlobal:  
<http://featuredmembers.takingitglobal.org>

Find young people taking action from Afghanistan to Zimbabwe by going to: <http://members.takingitglobal.org>

#### Sources of inspiration:

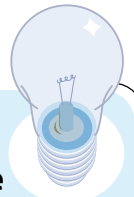
- Read stories about inspirational young people
- Spend time outside and connect with nature
- Surf the Internet and look through inspirational sites
- Go to your local art gallery, museum or cultural centre



#### Online:

Are you an artist, or inspired by the arts?  
Visit TakingITGlobal's Global Gallery:  
<http://gallery.takingitglobal.org>

#### Ways that young people change the world:



- As voices against injustice
- As promoters of environmental and social awareness
- As presenters at conferences, forums and summits
- As trainers, mentors, coaches and tutors
- As artists, musicians and actors
- As organizers of petitions, campaigns and protests
- As entrepreneurs creating businesses and jobs
- As volunteers and fund-raisers for charity
- As conscious consumers
- As responsible users of natural resources